



Let's Talk: 5 Rules to Communicate Better

Communication is all around us - it's how we connect. We chat through signs, body language, words, and feelings. And while we may only sometimes get it right, a little effort goes a long way.

1. Know that everything you do sends a message. Your posture, outfit, tone of voice, and even your silence speak volumes, making up over 90% of communication. Make sure your actions align with your words for clarity.
2. It's on you to land your message. If people don't get what you're saying, don't blame them. Think through how you can explain things in a way that makes sense to them.
3. Don't fear feedback! It's a gift. All responses, whether positive or negative, are opportunities to improve if you listen closely. Every 'failure' provides inside intelligence.
4. Change it up if something's not working! Doing the same thing but hoping for different results will get you nowhere. Switch up your style to hit your communication goals.
5. Stay flexible. Rigid communicators crack under pressure. Keep tweaking your style to relate better.

Remember, tuning into your audience, rolling with feedback, and getting creative makes for killer communication.

See every 'fail' as a chance to get sharper. With flexibility and care for your audience, your messaging will connect.